



safe application of essential oils for **TEETH & JAW DISCOMFORT**

While there are many natural options to ease the discomfort for your little one, please research those remedies with trusted, educated sources before trying them with your child. Here is how to use essential oils and hydrosols safely for teeth and jaw discomfort.

Blend your essential oils of choice together in an empty glass bottle. Make sure to reference the Scentsable Health dilution chart for the correct dilution percent for your child's age. Apply this blend with your finger to the cheek along the jawline (upper and lower) as well as behind the ears, as many times teeth and ear discomfort go hand in hand. The other option is to use hydrosols. They require no additional dilution!

*****Please, do not use clove oil in any dilution on babies or children under the age of 2. Clove is an extremely hot oil in any dilution and topical gum application can cause harm!***

Questions? Contact Shannon Dennis

info@scentsablehealth.com • 440-371-2230

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