



safe essential oil application for **EAR IMBALANCE**

Ear irritation can interrupt the most even tempered person. For little ones it can be hard to figure out or for them to communicate too. Here is a safe way to use essential oils that may ease the discomfort.

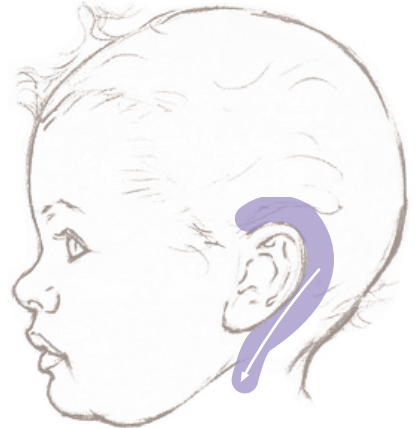
Blend your oils of choice together, diluting according to age, in a 10mL roll on and apply behind the ears like a hearing aid. If you need help on knowing how much to dilute, reference the Dilution chart on the website! You can also massage with your finger starting at the top of the ear and working down to encourage the tube to stay clear of fluids. Also consider using hydrosols for little ones! They are a gentle substitute and need no further dilution!

*****Please do not EVER put essential oils inside the eyes or ears of anyone!***

Questions? Contact Shannon Dennis

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